



Essential Faith

ESSENTIAL FAITH #11 **FASTING and WORSHIP**

February 19, 2023

INTRODUCTION

What does it really mean to be a follower of Jesus—a DISCIPLE, one of His Disciples *ALIVE*? _____

God LOVES TO HEAR YOUR VOICE. _____

WHY do Prayer, Fasting, and Worship?

- 1) TO TELL HIM **YOU LOVE HIM** and
- 2) TO BECOME MORE **SENSITIVE** TO HIS VOICE. _____

The * _____ -SHAPED LIFE. _____

I. PRAYER, FASTING & WORSHIP

Two-way communication with God (**COME-UNION**). Jesus * _____ to be WITH you! _____

II. FASTING (Matthew 6:16-18 ESV)

1) **Three kinds of fasts**

(1) **The Normal Fast** — (Matthew 4:2 NKJV) from food and drink except water. _____

(2) **The Partial Fast** — (Daniel 10:3 NKJV) from certain foods or restricting the amount of food and drink. _____

(3) **The Total Fast** —(Exodus 34:28, Esther 4:16, Acts 9:9) from all food and liquid. _____

2) **WHY FAST? TO HAVE GOD'S HEART.**

(1) **To Better Hear His Voice, His Direction & His answers** (Acts 13:2, Ezra 8:23) _____

(2) **For repentance** (Psalm 35:13b, Psalm 69:10) _____

(3) **For strong Prayer for others** (Isaiah 58:6, Matthew 17:21) _____

III. **WORSHIP** (John 4:23-24, Psalm 29:2, Psalm 100:1-2, Psalm 22:3 ESV)

1. **WORSHIP—** _____ truth (1 Chron 16:1, 4, Psalm 69:30-31, Psalm 78:60, 68, Acts 15:16-17, 1 Peter 2:5,9)

David, set up a "tent" for 24-hour worship. It was a new tabernacle, in a new location, with a new priesthood--to minister with new boldness in God's presence, *before the ark!* to bring a new song! _____

In the last days, God will restore the Tabernacle of David! Now, we are the spiritual priests who offer praise and worship.

2. **GOD WANTS YOU, your VOICE, YOUR PRAISE!** (Mark 12:30)

3) **Biblical expressions.**

(1) **Vocal** Psalm 66:1-2, Revelation 19:6) _____

(2) **Lifting and clapping hands** (Psalm 134:2, Psalm 47:1, 1 Timothy 2:8) _____

(3) **Musical Instruments** Psalm 150:3-5, Revelation 14:2) _____

(4) **Physical expressions** (Psalm 134:1, Psalm 95:6, Philippians 2:10, Luke 17:15-16, Psalm 149:3)

JESUS PRAISED FATHER GOD! Luke 10:21 (NASB) _____

(5) **Offering tithes — extravagant giving, is an act of Worship** (Deuteronomy 12:5-6, Luke 21:1-4, Mat 26:6-13) _____

4. **WHAT HAPPENS IN YOU WHEN YOU WORSHIP JESUS?**

(1) **You're more sensitive to * Him and understand the Scripture** (Acts 13:2, Colossians 3:16)

(2) **Strength, victory, and deliverance** Psalm 8:2, Matthew 21:16, 2 Chronicles 20:22, Acts 16:25-26) _____

(3) **Gifts of the HOLY Spirit are released in Worship** Ephesians 5:19, 2 Kings 3:15-16) _____

(4) **He even sings over US!** Zephaniah 3:17: NKJV: _____

CONCLUSION

Ps 150:6: Let everything that has breath praise the Lord!
